



BARRIE AREA NATIVE ADVISORY CIRCLE

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JOB POSTING

Position: CBT Psychotherapist	Location: North Simcoe Muskoka
Supervisor: Exec. Director, Mamaway Wiidokdaadwin Interprofessional Primary Care Team	Term: Full time 1FTE permanent
Salary: 70,000. – 73,800.	Closing Date: open till filled

POSITION SUMMARY

Mamaway Wiidokdaadwin is an interprofessional Care Team providing traditional healing, primary care, mental health and health promotion services to Indigenous community members in the North Simcoe Muskoka region. The Mamaway Team is currently seeking 1 Cognitive Behavior Therapist (CBT) for the Increasing Access to Structured Psychotherapy – North Simcoe Muskoka program. We provide an excellent benefits package, a pension plan and work in a team-based supportive environment that works in community.

This position has two .5 components: plan, conduct and deliver a program of individual and group Cognitive Behavioral Therapy for adults with depressive and anxiety disorders, and participate in a program evaluation in consultation with a CBT Psychologist and the Indigenous Evaluation Circle. Support the ongoing expansion of the program and liaise with the Waypoint Centre for Mental Health Care in a co-lead role on the Ontario Structure Psychotherapy work for the region.

EDUCATION and QUALIFICATIONS:

- Registered in the province of Ontario as a member in good standing with the appropriate college and eligible to provide psychotherapy as either a registered nurse, social worker, occupational therapist or registered psychotherapist.
- Master's degree is preferred
- Minimum of 3 years of experience in the delivery of evidence-based CBT is preferred; documented evidence of CBT training with adequate supervision is preferred.
- Demonstrated experience and knowledge of etiology and treatment of depressive and anxiety disorders as well as CBT and its application in mood and anxiety disorders.
- Demonstrated experience and knowledge of the science and practices of psychotherapy including full range of psychotherapeutic assessment techniques.
- Knowledge and respect for Indigenous healing modalities
- Experience and skills working with Indigenous people is required.
- Results oriented work ethic to work independently and undertake tasks needed to accomplish work objectives and deliver quality, consistent and timely results.
- Strong assessment skills to deliver and interpret symptom and outcome measures.
- Demonstrated analytical, interpersonal, time management and organizational skills.
- Proven ability to adapt readily to change.
- Models and promotes core ethical practice, organizational values, and reflects an optimistic and positive attitude with a commitment to wellness
- Clear criminal record check including vulnerable sector screening.
- Willingness to travel across Barrie and area.

- A valid Ontario G or G2 drivers license and a safe and reliable means of transportation.

Major Responsibilities

- Conduct assessments (PHQ-9, GAD-7) to inform individualized treatment plans.
- Provide individual and group Cognitive Behavioral Therapy (CBT) utilizing evidence-based approaches.
- Participate in clinical consultation meetings with a consulting Psychologist.
- Provide culturally safe care, respecting Indigenous approaches to healing.
- Maintain accurate and timely documentation and reports.
- Collaborate with team members in provision of care.
- Contribute to program development and program evaluation
- Maintain a collaborative relationship between Waypoint, Mamaway Wiidokdaadwin and Indigenous partner communities to ensure effective service delivery to patients, clients, and community members
- Initiates, develops, organizes, and coordinates training delivery in the form of practical workshops, courses, and seminars.
- Conducts follow-up studies of all completed training to evaluate and measure results and modifies programs as needed.
- Administrative, planning, facilitation, written, and oral communication skills are essential
- Understanding of engaging video and digital content creation

PHYSICAL DEMANDS AND WORKING CONDITIONS

- Work is typically performed in clinic, office and community settings.
- Regular travel to meetings and communities, possible.
- Regular overtime work may be required from time to time.
- Low to moderate exposure to noise in the work environment.
- Regular exposure to a moderate level of tension and anxiety due to deadlines, competing political pressures, and the competing needs and demands for limited resources.
- Periodic exposure to smoke may occur from the burning of sacred medicines: Tobacco, sweet grass, sage or cedar.

EMPLOYMENT CONDITIONS

Specific employment conditions are specified in an employment contract with BANAC and include the following:

- Worksite location
- Valid C.P.R. and A.E.D. Certificates required
- Valid Class G Ontario Driver's License is required
- Clean criminal record check with vulnerable sector screening is required

Please send cover letter, resume, and names of three (3) references

to: Email: mwassistant@banac.on.ca

ATTENTION: HIRING COMMITTEE

Mamaway Wiidokdaadwin Primary Health Care Team is an equal opportunity employer and we value the importance of diversity, dignity, and worth of every individual in the workplace.

Qualified consumers/survivors and/or family members are encouraged to apply.

Hiring of Indigenous People will be given preference, as allowed under Section 24 of the Ontario Human Rights Code – Special Programs

Please note only those selected for an interview will be contacted.